In this issue, we bring you a little bit of everything and a great many good things.

We hope you enjoy it.



- LOOKING AT THE DETAILS. The joining of art and philosophy is a good way to describe Teresa Velázquez's painting. She is a young, but established artist in Mexican visual arts, and we bring you some outstanding details of her pieces.
  - FRIDA'S WARDROBE. THE STORY OF A FIND. Frida Kahlo once again graces our pages; this time, however, we are not publishing her work, but her clothing. The restorers who repaired it after it had been locked away for many years chronicle their work.
- BRINGING JOY TO THE SOUL AND LIGHTENING THE BODY. A VISIT TO THE LOS ÁNGELES BALLROOM. In a legendary venue in Mexico City, people have been meeting to show off their dancing skills since 1937.
  - HISTORY MADE OF BREAD. Mexico's most deeply rooted gastronomic tradition is probably the consumption of "our daily sweet bread." We bring you the history of its origins in the colonial period, a review of the main traditional bakeries still standing in Mexico City; and a "visual taste" of the most delicious kinds and their original, engaging names.
- THE SATELLITE CITY TOWERS. ICONS, INDICATORS, AND SYMBOLS. Part of the identity of Mexico City's urban modernism, these towers were the brainchild of Mathías Goeritz, the centennial of whose birthday we celebrate this year. This history is presented to us by another one of the greats of architecture, Fernando González Gortázar.
  - ANONYMOUS HANDS, ALL OF OUR SOULS. The Folk Art Museum shelters Mexico's cultural wealth in its hundreds of pieces, the product of the talent, the imagination, and the creativity of artists and artisans from all eras. This museum can't be missed if you want to know about our country's history.